



## Outdoor Pilates Terms & Conditions

- Classes will be run on a rolling basis. If the class is cancelled due to unsuitable weather this cancelled class will be carried over to the following week. We will not know in advance how long it will take to complete the 5 week term, this will depend on weather and is out of our control.
- Due to current restrictions a maximum of 15 participants will be welcome in the class with 2 metres social distancing required unless you are members of the same household. Masks are not required for low impact exercise outdoors.
- Places will be limited and will be offered on a first come/first served basis when we advertise. New participants are welcome.
- Communication will be via Whatsapp after being booked in with regards to whether class can go ahead each week. A decision will be made 2 hours before class is due to commence.
- If you know you will miss a class you can offer the spot to a friend/family member instead, please let us know in advance who will be attending.
- Please do not bring a friend to the class as numbers will be kept strictly to those who have pre-booked.
- Missed classes cannot be kept as credit or carried over to another term.
- If you have impending holidays booked, booking a place will be at your own discretion as the term may run longer than the 5 weeks weather depending. Class credits can not be kept for future terms indoors or outdoors.
- You will need to bring your own mat and towel to participate.
- Toilets are available in the main reception area beside Avoca.
- We would advise you to dress in warm light layers that you can comfortably move in.

- We would advise you to have a hat/ sunglasses / sunscreen available as required.
- Full payment for the term will be expected by cash/cheque on the first day. Our PayPal System is for online classes only. If you arrive and do not pay we will offer your place to the next person on the waiting list.
- Please ensure that you have completed your Health Questionnaire and Disclaimer prior to your first class.
- Classes will continue to run over the June/August Bank Holiday Weekend weather permitting
- Either Suzie or Sarah will be teaching all the classes, this may vary from week to week. Initially we will both be there to help people find the class and get acquainted.